



Invites you to run / jog / walk

Haven FILEY BAY 10K Haven
IN AID OF CANCER RESEARCH UK

*** Also our 'Family Fun Run' around the holiday park ***

SUNDAY 20th September 2009

1st Event	Family Fun Run – circumference of the holiday park - 1.5m	11am
2nd Event	Beach race starting and finishing on the holiday park - 10K	12noon

* The 10K start time is determined by the low tides and access to the beach *
These events are NOT on any public roads

Luxury draw string goodie bag with quality shirt and medal for all 10K finishers. Trophies for 1st, 2nd, 3rd male and female
Spot prizes. Medal and shirt for all 'Fun Run' finishers

Entry is a donation to Cancer Research UK: £14 for 10K or £5 for the Family Fun Run

Cheques payable to 'CANCER RESEARCH UK' & include a A5 Stamped Addressed Envelope
Send entries to: Filey Bay 10k, PO Box 351, Keighley. West Yorkshire. BD20 5WY

Come and stay with us at Primrose Valley on Saturday night and join us for loads of fun in our family club rooms for FREE entertainment

Closing date for receipt of postal entries: 31st August 2009
Race numbers and accommodation & event booklet will be sent out approx 10 days before
Entries on the day £15



Filey Bay 10K and Family Fun Run Entry Form
one form per person please

OFFICIAL USE

Surname: _____ First name: _____ Age on race day: _____

Address: _____

Postcode: _____ Tele no.: _____ Are you a UK tax payer? yes / no What is your shirt size S / M / L / XL

I wish to enter; the Filey Bay 10K the 'Family Fun Run'

I enclose my required donation of: £ _____ and authorize Cancer Research UK to claim 28% gift aid on my donation.

10K entrants must be over 16. I declare that I am over 16 years old. I am medically fit to take part and I accept that the organizers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: _____ Date: _____

Please remember to include a A5 Stamped Addressed Envelope – or you will have to pick-up your number on the day
Send entries to: Filey Bay 10k, PO Box 351, Keighley. West Yorkshire. BD20 5WY